

Telford T50 50 Mile Trail Relay Challenge 2026



Wellington Walkers are Welcome

For change over points see: <https://explore.osmaps.com/route/2130709/telfordt5050miletrailrelaylegs>

Note: Leg 5 is a little shorter this year as the rotunda steps are closed

Planned Start Time: 06:00

| | | | From | Leg | ---Estimated--- | | | |
|--------|------------------|-------------------|-------------------------------|----------|----------------------|----------|----------|--|
| Leg | Start | End | Start | Distance | Notes | Leg Time | End Time | |
| | | Telford Town park | All distances in miles | | | | | |
| 1 | Town Park | Castle Pools | 0.00 | 3.28 | Easy- one small hill | 00:59 | 06:59 | |
| 2 | Castle Pools | Woodside | 3.28 | 2.06 | One hill. Can be wet | 00:37 | 07:36 | |
| 3 | Woodside | Coalport | 5.34 | 3.10 | Some steep ups | 00:55 | 08:31 | |
| 4 | Coalport | Ironbridge | 8.44 | 1.68 | Quite Flat | 00:30 | 09:02 | |
| 5 | Ironbridge | Coalbrookdale | 10.12 | 1.46 | *Steep, no rotunda | 00:26 | 09:28 | |
| 6 | Coalbrookdale | Little Wenlock | 11.58 | 2.52 | Steep steps | 00:45 | 10:13 | |
| 7 | Little Wenlock | Wrekin Summit | 14.10 | 3.82 | Steep | 01:08 | 11:22 | |
| 8 | Wrekin Summit | Reservoir exit | 17.92 | 1.78 | Down hill | 00:32 | 11:54 | |
| 9 | Reservoir exit | Wellington LC | 19.70 | 2.08 | One steep part | 00:37 | 12:32 | |
| 10 | Wellington LC | Whitchurch Rd | 21.78 | 2.09 | Mainly tarmac | 00:37 | 13:09 | |
| 11 | Whitchurch Rd | Chad Valley | 23.87 | 2.71 | Mainly tarmac | 00:48 | 13:58 | |
| 12 | Chad Valley | New Works | 26.58 | 2.59 | Some stiles | 00:46 | 14:45 | |
| 13 | New Works | Horsehay | 29.17 | 1.92 | Down hill | 00:34 | 15:19 | |
| 14 | Horsehay | Ketley | 31.09 | 3.35 | One steep part | 01:00 | 16:19 | |
| 15 | Ketley | Oakengates | 34.44 | 1.74 | Mainly tarmac | 00:31 | 16:51 | |
| 16 | Oakengates | Donnington Wood | 36.18 | 3.03 | Starts steeply | 00:54 | 17:45 | |
| 17 | Donnington Wood | Lilleshall Hill | 39.21 | 3.26 | Ends steeply | 00:58 | 18:44 | |
| 18 | Lilleshall Hill | Granville C Park | 42.47 | 2.91 | Downhill at start | 00:52 | 19:36 | |
| 19 | Granville C Park | Priorslee | 45.38 | 2.53 | Mainly uphill | 00:45 | 20:22 | |
| 20 | Priorslee | Telford Town Park | 47.91 | 2.28 | Mainly tarmac | 00:41 | 21:03 | |
| Total: | | | 50.19 | 50.19 | | 15:03 | | |