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S Telfor	1018 1017						
	e over points see:				9/telfordt5050miletrailr	<u>relaylegs</u>	
		for 2024 , due to floo	-	ie RunGo lin	· · ·		05:00
The gpx for this leg on the Fil					Plannec	Planned Start Time:	
			From	Leg			nated
Leg	Start	End	Start	Distance	Notes	Leg Time	End Time
		Telford Town park All distances in mil					
1	Town Park	Castle Pools	0.00	3.28	Easy- one small hill	00:59	05:59
2	Castle Pools	Woodside	3.28	1.77	Diverted. One hill.	00:35	06:34
3	Woodside	Coalport	5.33	3.11	Some steep ups	00:46	07:21
4	Coalport	Ironbridge	8.44	1.66	Quite Flat	00:24	07:45
5	Ironbridge	Coalbrookdale	10.10	1.70	Steep	00:37	08:23
6	Coalbrookdale	Little Wenlock	11.80	2.55	Steep steps	00:48	09:11
7	Little Wenlock	Wrekin Summit	14.35	3.79	Steep	01:15	10:27
8	Wrekin Summit	Reservoir exit	18.14	1.78	Down hill	00:33	11:01
9	Reservoir exit	Wellington LC	19.92	2.09	One steep part	00:41	11:43
10	Wellington LC	Whitchurch Rd	22.01	2.08	Mainly tarmac	00:29	12:12
11	Whitchurch Rd	Chad Valley	24.09	2.71	Mainly tarmac	00:37	12:50
12	Chad Valley	New Works	26.80	2.63	Some stiles	00:47	13:37
13	New Works	Horsehay	29.43	1.93	Down hill	00:27	14:04
14	Horsehay	Ketley	31.36	3.32	One steep part	01:09	15:14
15	Ketley	Oakengates	34.68	1.73	Mainly tarmac	00:36	15:50
16	Oakengates	Donnington Wood	36.41	3.07	Starts steeply	01:04	16:55
17	Donnington Wood	Lilleshall Hill	39.48	3.22	Ends steeply	01:07	18:02
18	Lilleshall Hill	Granville C Park	42.70	2.91	Downhill at start	01:01	19:03
19	Granville C Park	Priorslee	45.61	2.54	Mainly uphill	00:53	19:57
20	Priorslee	Telford Town Park	48.15	2.27	Mainly tarmac	00:47	20:44
		Total:	50.42	50.14		15:44	